Recipe For Health | JULY 2013

PEACH AND BLACKBERRY DESSERT PIZZA

Wait 'til your peaches are perfectly ripe. Then go ahead--make a pizza for dessert!

by Chef Kurt Kwaitkowski Featured Food: Peaches

Yield: Serves 6-12

Ingredients

1 ball (16 oz.) frozen pizza dough, thawed in refrigerator overnight $\frac{1}{2}$ t. nutmeg

It. canola oil 2 to 3 medium peaches

 $\mbox{\%}$ c. Neufchatel cheese 2 t. minced fresh mint

2 T. honey 1 T. orange zest

1 T. ground cinnamon

Preparation

Preheat baking stone in 350°F oven.

Place thawed dough onto a lightly floured work surface. Let dough rest for 10 to 20 minutes until it reaches room temperature. Shape dough into 14-inch round; pinch the edge of the dough to form a ¼-inch lip around the pizza resembling a tart shell. Lightly dust a baker's peel with flour. Slide dough onto the peel; brush dough with canola oil. Slide dough from the peel onto the hot baking stone (if you do not have a peel and baking stone, place the dough on a lightly oiled baking sheet or pizza pan) and cook in 350°F oven until the crust is set, 8 to 10 minutes.

Meanwhile, in a small bowl, beat together the mascarpone, Neufchatel, honey, cinnamon and nutmeg; set aside.

Rinse, remove pit (remove skin, if desired) and rough cut peaches; set aside. Rinse blackberries and drain on paper towel; set aside.

After pizza is cooked, with the bottom of the crust crisp, remove from oven and let rest for 2-3 minutes. Then spread cheese mixture on the dough, and arrange peaches and blackberries over cheese mixture. Finish pizza with minced fresh mint and orange zest. Cut and serve.